Your Name I City and Province I Phone Number I Email Address I LinkedIn account link

Name of Oranization Address City and Province

Month, day year

Dear Hiring Manager, (if you know the name of the person, please use it)

Helplines such as (name of organization) requires people who are passionate in helping others through impartial, non-judgmental listening. My altruistic nature combined with my collaborative approach would help contribute to Spectra's longstanding history of support services.

As a 3<sup>rd</sup> year Psychology student at the University of Guelph-Humber and will be graduating with a Bachelor of Applied Science in Psychology and a Certificate in Intercultural Relations. My hands-on education has provided me with knowledge in Ethics in Psychology, Social Psychology, Developmental Psychology, Personality, Cognitive Psychology and Abnormal Psychology.

I possess the following skills, which will ensure I am a successful member of your team:

- Empathizing through active listening to ensure the client is heard and feels understood
- Knowledge of ethical codes and framework to guide practice in psychology
- Building rapport to create a safe and trusting environment

I look forward to meeting with you and further discussing my qualifications. You can reach me at (Phone Number). Thank you for your time and consideration.

Sincerely,

Your Name

**Need more help?** Visit Career Services in GH108 | Call: 416-798-1331 ext. 6288 | Email: career@guelphhumber.ca

Job and Placement Portal: ghworks.guelphhumber.ca