# mportant Information 2024-2025

# Community Social Services

# program information & planning sheet



### What courses do I need to complete in order to graduate?

You must complete 20 credits (40 courses), including the following:

- 16.5 credits / 33 Core Courses
- 2.0 credits / 4 CSS Restricted Business Courses
- 1.5 credits / 3 General Electives

### I am a Transfer Student. How do I know which courses I can select?

Transfer Students should use this document, in conjunction with their official credit assessment to determine which courses they have been granted, and which courses they need to take. Transfer students should meet with their Academic Advisor to confirm the schedule they have developed in advance of the course selection dates.

### Is there **Field Placements** in the CSS Program?

Yes. Starting in second year, students receive workplace experience through three progressive practicum placements in social service agencies across the GTA. Students will be considered "professionals in training" and performance expectations will increase according to the semester level. Throughout the placements students participate in classroom seminars to critically analyze and share their experiences.

### Am I required to complete a **Specialization**?

Completing a Specialization is optional. To complete a specialization, students are required to complete at least 1.5 restricted electives within a specific area, Mental Health and Addictions (MHA) or Youth and Families (YF). Students will be required to submit a Declaration of Area of Emphasis form online no later than the 7th semester of study.

### Where can I go for more information?

Visit your Academic Advisor, Lalita Manku (A-Z) in GH108 during office hours. Call 416.798.1331 x6288 to speak with the front desk, or email your questions to advisors@guelphhumber.ca. You can also use our online booking system at https://www.guelphhumber.ca/advising/advisors

For more support, visit the Learning Support Peers (LSPs) in the Learning Commons or email them at lsp@quelphhumber.ca.

Visit our Frequently Asked Questions webpage for more information on Course Selection and Enrollment, Degree Requirements, Academic Consideration/Accommodations, Academic Standing, and Academic Resources.



Lalita Manku (Last Names A-Z) lalita.manku@guelphhumber.ca

### Semester 1 / Fall

Course Code	Course Name	Prerequisites	Credit
CSS*1210	CSS Writing & Communication Skills		0.5
CSS*1190	The Political Process and Social Work		0.5
CSS*1000	Social Work in Canada		0.5
PSYC*1110	Introduction to Psychology		0.5
AHSS*1130	Principles of Sociology		0.5

# Semester 2 / Winter

Course Code	Course Name	Prerequisites	Credit
CSS*1030	Issues in Advocacy and Social Justice	CSS*1190	0.5
CSS*1020	Interpersonal Communication Skills		0.5
CSS*1120	Couple and Family Dynamics		0.5
CSS*1010	Social Issues and Social Environments		0.5
	General or Restricted Elective must complete 3 General & 4 Restricted for degree requirements	*If completing an optional specialization, review pages 6 & 7 of this plan	0.5

# Semester 3 / Fall

Course Code	Course Name	Prerequisites	1	Credit
CSS*2010	Understanding Mental Health Issues	3.0 credits including: CSS*1010		0.5
CSS*2030	Anti-oppressive Social Work Practice	3.0 credits including: CSS*1000		0.5
CSS*2070	Counselling Foundations	3.0 credits including: CSS*1020		0.5
SCMA*2040	Research Methods for Social Science	3.0 credits		0.5
	General or Restricted Elective must complete 3 General & 4 Restricted for degree requirements	*If completing an optional specialization, review pages 6 & 7 of this plan		0.5

# Semester 4 / Winter

Course Code	Course Name	Prerequisites	Credit
CSS*2040	Foundation Practicum I *Pass-Fail Course*	CSS*2000 or CSS*2020 or CSS*2070 & min. cumulative average 60%	0.5
CSS*2050	Ethical and Professional Issues in Human Services	CSS*2020 or CSS*2070	0.5
CSS*2060	Group Work: Theory and Practice	CSS*2000 or CSS*2070	0.5
	General or Restricted Elective must complete 3 General & 4 Restricted for degree requirements	*If completing an optional specialization, review pages 6 & 7 of this plan	0.5
	General or Restricted Elective must complete 3 General & 4 Restricted for degree requirements	*If completing an optional specialization, review pages 6 & 7 of this plan	0.5

### Semester 5 / Fall

Course Code	Course Name	Prerequisites	Credit
CSS*3030	Spirituality in Social Work Practice	CSS*2050	0.5
CSS*3100	Social Work Practice with Older Adults	7.5 credits	0.5
CSS*3120	Intermediate Practicum I	CSS*2040, CSS*2050, minimum cumulative average 60%	1.0
SCMA*3040	Quantitative Methods for Social Science	SCMA*2040	0.5

# Semester 6 / Winter

Course Code	Course Name	Prerequisites	Credit
CSS*3020	Diversity in Social Work Practice	7.5 credits	0.5
CSS*3040	Counselling: Advanced Practice	CSS*2060, CSS*2070	0.5
CSS*3060	Crisis Intervention: Theory and Practice	7.5 credits	0.5
CSS*3130	Intermediate Practicum II	CSS*3120, minimum cumulative average 60%	1.0

# Semester 7 / Fall

Course Code	Course Name	Prerequisites	Credit
CSS*4010	Agency Administration and Community Relations	12.5 credits	0.5
CSS*4030	Social Work and the Law	12.5 credits	0.5
CSS*4120	Advanced Practicum I	12.5 CR. including: CSS*3020, CSS*3060 & CSS*3130, min. cumulative average 60%	1.0
	General or Restricted Elective must complete 3 General & 4 Restricted for degree requirements	*If completing an optional specialization, review pages 6 & 7 of this plan	0.5

# Semester 8 / Winter

Course Code	Course Name	Prerequisites	Credit
CSS*4040	Empowerment Oriented Case Management	12.5 credits	0.5
CSS*4130	Advanced Practicum II	15.0 credits including: CSS*4120 minimum cumulative average 60%	1.0
	General or Restricted Elective must complete 3 General & 4 Restricted for degree requirements	*If completing an optional specialization, review pages 6 & 7 of this plan	0.5
	General or Restricted Elective must complete 3 General & 4 Restricted for degree requirements	*If completing an optional specialization, review pages 6 & 7 of this plan	0.5

### **Summer** / Restricted CSS Electives 2.0 credits (4 courses) are required

Course Code	Course Name		Prerequisites	Spec.
PSYC*1020	Indigenous Mental Health: A Global Perspective			МНА
CSS*4910	Independent Study in Mental Health and Addictions	I	12.5 credits & Permission from Program Head	МНА
CSS*4920	Independent Study in Youth and Families	I	12.5 credits & Permission from Program Head	YF

### Fall / Restricted CSS Electives 2.0 credits (4 courses) are required

Course Code	Course Name	Prerequisites Spec.
PSYC*1020	Indigenous Mental Health: A Global Perspective	MHA
CSS*2080	Mental Health and Addictions	3.0 credits MHA
CSS*4000	Family Theory and Therapy	12.5 credits including: CSS*2090 YF
CSS*4910	Independent Study in Mental Health and Addictions	12.5 credits & Permission from Program Head MHA
CSS*4920	Independent Study in Youth and Families	12.5 credits & YF Permission from Program Head

### Winter / Restricted CSS Electives 2.0 credits (4 courses) are required

Course Code	Course Name	Prerequisites	1	Spec.
PSYC*1020	Indigenous Mental Health: A Global Perspective			МНА
CSS*1040	Child and Adolescent Development			YF
CSS*2090	Supporting Families: Research and Applications	5.0 credits, CSS*1120		YF
CSS*3010	Drug and Chemical Use and Abuse	5.0 credits		MHA
CSS*4060	Family Mediation and Conflict Resolution	12.5 credits including: CSS*3040 & CSS*4000		YF
CSS*4100	Community Services in Mental Health and Addictions	7.5 credits		МНА
CSS*4910	Independent Study in Mental Health and Addictions	12.5 credits & Permission from Program Head		МНА
CSS*4920	Independent Study in Youth and Families	12.5 credits & Permission from Program Head		YF

# Specialization Checklist and Restricted CSS Electives

Students may choose between two optional specializations. To obtain recognition for a specialization, students are required to complete a minimum of 1.5 restricted electives credits (3 courses) from the listing in that specific area. Only one specialization may be declared.

If opting to complete a specialization, students must declare a specialization by the start of their seventh (7th) semester of full-time study. Only one specialization may be declared. Transfer students admitted under an articulation agreement (block credit) are not eligible for a specialization.

(S) Summer (F) Fall (W) Winter

### MHA / Mental Health and Addictions 1.5 credits (3 courses)

- CSS\*2080 / Mental Health and Addictions (F)
- ☐ CSS\*3010 / Drug and Chemical Use and Abuse (W)
- ☐ CSS\*4100 / Community Services in Mental Health and Addictions (W)
- CSS\*4910 / Independent Study in Mental Health and Addictions (S/F/W)
- ☐ PSYC\*1020 / Indigenous Mental Health: A Global Perspective (S/F/W)

### YF / Youth & Families 1.5 credits (3 courses)

- □ CSS\*1040 / Child and Adolescent Development (W)
- ☐ CSS\*2090 / Supporting Families: Research and Applications (W)
- CSS\*4000 / Family Theory and Therapy (F)
- ☐ CSS\*4060 / Family Mediation & Conflict Resolution (W)
- ☐ CSS\*4920 / Independent Study in Youth and Families (S/F/W)