

# Kinesiology (Transfer)

You earn 2 credentials

**Honours Bachelor of  
Applied Science in  
Kinesiology**

from the University of Guelph



**Diploma in Fitness  
& Health Promotion**

from Humber Polytechnic

You may be exempt from certain courses due to your transfer credit. If applicable, please consult your Transfer Credit Assessment in your Offer of Admission.

Please be aware that curriculum and course sequencing is subject to change. A program plan will be made available for enrolled students, and should be used for course sequencing and planning purposes.

Course descriptions are available at [calendar.guelphhumber.ca](https://calendar.guelphhumber.ca).

# Summer Bridge

Course Code	Course Name
KIN*1040	Human Anatomy II
KIN*1070	Biochemistry and Metabolism I
KIN*2060	Human Physiology II
SCMA*1120	Cell Biology
SCMA*1500	Introductory Mathematics for Kinesiology
SCMA*2110	Research Methods for Kinesiology
	General Elective

# Semester 5 / **Fall**

Course Code	Course Name
KIN*3010	Exercise Physiology
KIN*3020	Injuries and Exercise Contraindications
SCMA*2080	Mathematics and Biophysics
SCMA*3080	Statistics for Kinesiology
	General Elective
	<b>*Optional* Activity Practicum Course</b> must complete 4 for degree requirements

# Semester 6 / Winter

Course Code	Course Name
KIN*2070	Biochemistry and Metabolism II
KIN*3030	Nutrition: Exercise and Metabolism
KIN*3090	Field Placement I
KIN*3200	Performance-Related Exercise
SCMA*3100	Biomechanics
	<b>*Optional* Activity Practicum Course</b> must complete 4 for degree requirements

# Semester 7 / Fall

Course Code	Course Name
KIN*3060	Human Development and Aging
KIN*3110	Advanced Fitness Assessment
KIN*3250	Natural Health Products and Physical Activity
KIN*4030	Motor Learning and Neural Control
	<b>*Optional* Activity Practicum Course</b> must complete 4 for degree requirements

## Choose One:

Only select ONE of the following courses

KIN*3190	Field Placement II
KIN*4300	Kinesiology Thesis I

# Semester 8 / Winter

Course Code	Course Name
KIN*4050	Special Populations: Understanding Disease
KIN*4200	Exercise Prescription for Clinical Populations
	General Elective
	<i>*Optional* Activity Practicum Course must complete 4 for degree requirements</i>
<b>Choose One:</b>	Only select <b>ONE</b> of the following courses
KIN*4400	Independent Research Study in Kinesiology
KIN*4310	Kinesiology Thesis II
<b>Choose One:</b>	Only select <b>ONE</b> of the following courses
KIN*4040	Functional Anatomy
KIN*4070	Sports Nutrition
KIN*4150	Professional Skills for Kinesiologists

# Practicum Course Options

The Practicum courses offered are subject to change each year/semester.

Course Code	Course Name
KIN*1210	Athletic Coaching Techniques
KIN*1220	Forensic Kinesiology
KIN*1230	Health and Wellness Coaching
KIN*1240	Martial Arts for Group Fitness Training
KIN*1250	Stress Management, Meditation and Relaxation
KIN*1310	Group Strength and Athletic Training
KIN*1320	Step, Stability Ball and BOSU Ball Training
KIN*1330	Traditional Group Exercise and Group Cycle Training
KIN*1340	Flexibility, Yoga and Pilates Training
KIN*1350	Athletic Bandaging and Taping Techniques
KIN*1410	Therapeutic Exercise of Musculoskeletal Disorders
KIN*1430	Functional Ability Evaluation
KIN*1440	Ergonomic Assessment and Physical Demands Analysis
KIN*1470	Diversity in Health, Fitness and Sport
KIN*1480	Orthopedic Assessment and Return to Play
KIN*1490	Leadership and Entrepreneurship
KIN*1500	Digitizing Health and Society
KIN*1510	Considerations for Healthy Aging