

Psychology

program information & planning sheet

UNIVERSITY OF
GUELPH
HUMBER

Important Information 2025-2026

What courses do I need to complete in order to graduate?

You must complete 20 credits, including the following:

- **17.5 credits** / 35 Core Courses (including 1.5 specialization credits)
- **2.5 credits** / 5 General Electives

What is the Thesis Stream option?

Students can choose to complete a Thesis. This is a good option for students who wish to apply to **graduate programs** or wish to **gain experience conducting research**. In Semester 5, students would take a second statistics course (PSYC*3120 Quantification in Psychology II) in preparation for the **PSYC*4210 Thesis I** and **PSYC*4220 Thesis II**. If students opt to not take this stream, they would complete an Honours Seminar in Psychology instead (PSYC*4200). Students wishing to take Thesis I must meet the following prerequisites: 80% cumulative average, PSYC*3120 (75% min), PSYC*1110, PSYC*1120, PSYC*3130. Chair Consent is also required. The **Thesis Application Form** will be emailed from your Academic Advisor in late spring prior to 4th year.

How do I complete one of the specialization options? Is it required?

Students can choose to complete one of **three optional specializations**. Completing a specialization is **not required**, but you must take three specialization courses as outlined in the plan on the next pages. The specialization is earned upon completion of all courses required in the program. In order to complete one of the specialization, three courses need to be taken in a particular area:

Psychology of Business	Psychological Data Analytics	Sports Psychology
AHSS*2310 - Leadership & Motivation	PSYC*3120 - Quantification in Psychology II	PSYC*2180 - Psychology of Exercise
BADM*1040 - Marketing	PSYC*3190 - Case Studies & Qualitative Methods	PSYC*3200 - Psychology of Group Dynamics
BADM*2030 - Advertising in Business	PSYC*3230 - Research Communication & Proposal Writing	PSYC*3530 - Health Psychology
PSYC*3200 - Psychology of Group Dynamics		
PSYC*3610 - Organizational Psychology		

If students do not want to earn a specialization, the three courses can be taken from any category above. Students pursuing a specialization in one of these areas must complete an **Area of Emphasis Declaration Form** online. Specialization course options are scheduled by semester in the Program Plan below.

Can I receive more than one certificate?

No. Students can earn up to one certificate.

I am a Transfer Student. How do I know which courses I can select?

Transfer students should use this document in conjunction with their **Official Transfer Credit Assessment** to determine which courses they have been granted, and which courses they need to take. Transfer students should meet with their Academic Advisor to discuss the schedule they have developed in advance of the course selection dates.

Where can I go for more information?

Visit your Academic Advisor, **Jenni Mastroianni (A-K)** or **Nasreene Corpuz Kasznia (L-Z)** in GH108 during office hours. Call 416.798.1331 x6288 to speak with the front desk, or email your questions to advisors@guelphhumber.ca. You can also use our online booking system at <https://www.guelphhumber.ca/advising/advisors>.

For more support, visit the **Learning Support Peers (LSPs)** in the Learning Commons or email them at lsp@guelphhumber.ca.

Visit our **Frequently Asked Questions** webpage for more information on Course Selection and Enrollment, Degree Requirements, Academic Consideration/Accommodations, Academic Standing, and Academic Resources.



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Note: This program plan has been designed to assist you with course selection and program planning. In the case of any discrepancies between this document and the approved Schedule of Studies, the Schedule of Studies (as found in the Academic Calendar at www.guelphhumber.ca) will serve as the official record.

Semester 1 / **Fall**

Course Code	Course Name	Prerequisites	Credit
AHSS*1130	Principles of Sociology		0.5
PSYC*1020	Indigenous Mental Health: A Global Perspective		0.5
PSYC*1110	Introduction to Psychology		0.5
PSYC*1210	Writing for Psychology		0.5
PSYC*1250	Critical Thinking in Psychology		0.5

Semester 2 / **Winter**

Course Code	Course Name	Prerequisites	Credit
AHSS*1260	Modern & Contemporary Philosophy		0.5
AHSS*1330	Principles of Anthropology		0.5
PSYC*1120	Foundational Skills for Psychology		0.5
PSYC*1130	Developmental Psychology I: Childhood Development	PSYC*1110	0.5
	General Elective		0.5

Semester 3 / Fall

Course Code	Course Name	Prerequisites	Credit
PSYC*2030	Research Methods in Psychology	3.0 credits	0.5
PSYC*2130	Social Psychology	PSYC*1110	0.5
PSYC*2190	Developmental Psychology II: Adult Development & Aging	PSYC*1130	0.5
PSYC*2200	Cognitive Psychology	PSYC*1110	0.5
	General Elective		0.5

Semester 4 / Winter

Course Code	Course Name	Prerequisites	Credit
PSYC*2090	Cognitive Neuroscience	PSYC*1110	0.5
PSYC*2120	Quantification in Psychology I	PSYC*1110	0.5
PSYC*2150	Personality	PSYC*1110	0.5
PSYC*2220	Applied Memory & Learning	PSYC*2200	0.5
	General Elective		0.5

Semester 5 / Fall

Course Code	Course Name	Prerequisites	Credit
PSYC*3130	Psychological Measurement	PSYC*2120, PSYC*2030	0.5
PSYC*3140	Clinical Psychology & Mental Health	PSYC*1210, PSYC*2150	0.5
PSYC*3540	Ethics in Psychology	7.5 credits	0.5
	General Elective (or take PSYC*3120 if doing Business or Sports specialization AND applying to Thesis in 4th year)		0.5

Choose One:

Select ONE (0.5 credits) Psychology Restricted Elective / Specialization Course

AHSS*2310	Leadership & Motivation Business		0.5
BADM*1040	Marketing Business		0.5
PSYC*3120	Quantification in Psychology II *Thesis Stream* Data Analytics	PSYC*2120	0.5
PSYC*2180	Psychology of Exercise Sports	4.0 credits	0.5

*Apply for placement sites during this semester to ensure you are ready for PSYC*3180 next semester. Connect with your Psychology Placement Coordinator for assistance.

Semester 6 / Winter

Course Code	Course Name	Prerequisites	Credit
PSYC*3150	Drugs & Behaviour	10.0 credits including: PSYC*2090	0.5
PSYC*3160	Learning Difficulties & Disabilities	10.0 credits including: PSYC*1130	0.5
PSYC*3180	Applied Study in Psychology *Placement*	10.0 credits including: PSYC*1110	0.5
PSYC*3590	Psychology & Gender	10.0 credits including: PSYC*2130	0.5

Choose One:

Select ONE (0.5 credits) Psychology Restricted Elective / Specialization Course

BADM*2030	Advertising in Business Business	5.0 credits including: BADM*1040	0.5
PSYC*3190	Case Studies & Qualitative Methods Data Analytics	PSYC*2120 & PSYC*2030	0.5
PSYC*3200	Psychology of Group Dynamics Sports or Business	PSYC*2130	0.5

Semester 7 / Fall

Course Code	Course Name	Prerequisites	Credit
PSYC*4000	Historical and Critical Perspectives in Psychology	14.0 credits	0.5
PSYC*4130	Applications of Psychology	10.0 credits	0.5
PSYC*4170	Theories of Psychotherapy I	14.0 credits including: PSYC*3140	0.5
PSYC*4340	Cross Cultural Psychology	10.0 credits including: PSYC*2130	0.5

Choose One:

Only select ONE (0.5 credits) of the following courses

PSYC*4210	Thesis I *Thesis Stream* w/ Program Head Consent via Undergrad Course Request Form	80% cumulative average, PSYC*1110, PSYC*1120, PSYC*3130 & PSYC*3120 (75% min)	0.5
	General Elective		0.5

Semester 8 / Winter

Course Code	Course Name	Prerequisites	Credit
PSYC*4160	Mediation & Conflict Resolution	15.0 credits	0.5
PSYC*4180	Theories of Psychotherapy II	PSYC*4170	0.5

Choose One:

Only select ONE (1.0 credits) of the following courses

PSYC*4200	Honours Seminar in Psychology	15.0 credits	1.0
PSYC*4220	Thesis II *Thesis Stream*	80% cumulative GPA, PSYC*4210	1.0

Choose One:

Select ONE (0.5 credits) Psychology Restricted Elective / Specialization Course

PSYC*3610	Organizational Psychology Business	PSYC*2130	0.5
PSYC*3230	Research Communication & Proposal Writing Data Analytics	PSYC*2030 & PSYC*2120	0.5
PSYC*3530	Health Psychology Sports	PSYC*2130	0.5