

Title: Psychology Program

Date: January 27, 2023

Running Time: 00:02:34

Casiah Cagan [00:00:03] The human mind, fascinating, isn't it? The most powerful tool on the planet. We use it all day, every day from the decisions we make to the way we think, feel and behave.

Casiah Cagan [00:00:14] If you were looking to learn the depth and breadth of psychology in four years of study, our psychology program offers you more with three credentials. Get a degree, diploma and an optional certificate in intercultural relations, organizational behaviour or research skills and analysis. Focus on more psychology related topics, taking courses like Indigenous mental health, developmental psychology, adult development and aging, learning difficulties and disabilities, and neuroscience.

Casiah Cagan [00:00:43] Get ready for hands on experience of 100 hours of job shadowing professionals in the disciplines of psychology and mental health. Our students have worked for the Alzheimer's Society of Toronto, Bay Crest Health Sciences and the Psychology Foundation of Canada, among other exciting placements.

Casiah Cagan [00:00:59] In your fourth year, choose from writing an honour seminar or thesis that you'll be able to use to apply to graduate studies. Take part in research at the undergraduate level as a research assistant to professors working in the fields. Gain hands on experience with research methodology, ethics, data collection, analysis, and presentation of results.

Casiah Cagan [00:01:21] There are so many different paths you can take after you graduate. You can pursue graduate studies, including master's programs in disciplines of psychology, neuroscience, and medicine, among many others. Or jump right into the workplace, by working in the mental health field and addictions counselor, case manager, group facilitator, or in the field as a researcher, data analyst or human resource specialist. Oh, the places you can go.

Maria [00:01:48] When I finish finished Guelph-Humber, I hope to eventually become a clinical psychologist. Guelph-Humber is really helped me to get to that goal because the wide variety of courses that I've taken that cover pretty much every aspect of the field.

Maria [00:02:03] The placement, which has given me hands-on experience and the connections that I've made, and as much as I'm excited to move on to new things, I will always miss the time that I had here, it was a great time.